



“A Comparative Study of the Social-Skills of the Higher Secondary Students of Saraswati Vidya Mandir with respect to their Level of Aspiration.”

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INTRODUCTION

‘Man’ is called the social animal that means everyone living in the society has to adopt the process of socialization. It is the socialization process which shapes oneself into a recognized society member. To attain this characteristic everyone has to become socialized.

The students at their adolescence period are normally found to be ego-centric, thinking of themselves as the center of their world. They are observed to need to do more struggle for being socialized instead of conservative learning. To achieve it an adolescent has to learn specific skills which are named as social skills.

Social skills make a person fit to live in the society, these skills help an individual to make friends, share with the classmates, building confidence, learning empathy, conflict resolution, facilitating interaction and communication, cooperating in social environment. The Social-Skills include speech, gesture, facial expression and body language too.

Social skills are being learnt through interaction, observation and adaptation with family members, peer-groups and other persons in the society. The Social skills are always goal directed. Social-Skills assist oneself to attain a specific status in the societal structure and get a success in one’s role in the family and consequently in the society. Thus, Social-skills help oneself in the shaping of one’s personality in the desirable manner.

One’s personality exhibits one’s thinking, doing and aspiring under aspiration one sets a goal of expectation to reach in near future. In other words, this is termed as setting of one’s level of aspiration for completing a task in hand. Level of Aspiration has been clarified as the level of future performance on a particular task to which an individual expects to reach.

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Boyd (1952) views that “level of aspiration means an individual’s ambition in a dynamic situation that is an individual’s goal or expectation in regard to the goodness of his own future performance for a given task.

When one has higher aspiration level often one tries to perform well and in time whereas those with low level of aspiration perform somewhat badly. The aspiration level acts as an important motivation in determining actual performance.

The present time is of contest, competition and achievement and in this respect one’s education plays an important role by infusing motivation in the individual for the early and smoothly completing the task in hand. One’s level of aspiration, in general, puts some kind of encouraging effect on one’s social-skills too, but this remark needs an empirical validation through a research- study.

Inspite of these best efforts, the research could find the following research studies related to the present proposed research- study. The review of these available research-studies is being presented as under-

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Literature Review

- Ahmed, P.A; Hamid, M.M. and Ganais, M.Y. (2012) in their study, "self-concept, level of aspiration and academic achievement of physically challenged and normal students of secondary level in the district of Baramulla(J&K)" reported that level of aspiration and academic achievement are positively correlated in case of both, the normal and the physically challenged students.
- Paliwal, Anshu and Rathi, Nanda (2016) in their study, "Academic performance as a function of level of aspiration and gender, A comparative study amongst students of different stream of Education" observed that Academic performance is better of high level of aspiration group than to that of low level of Aspiration group of students.
- Gustavsen, A.M. (2017) in the study, "Longitudinal relationship between Social-Skills and academic achievement in a gender perspective" and observed that social-skills influence significantly on the academic achievement of both male as well as female students.
- Peerzad, Najmah (2018) in the study, "On social competence, level of Aspiration and academic achievement of secondary school students of district Pulwama (J&K)" reported strong relationship between social competence, level of aspiration and academic achievement.
- Khan, MMH (2022) in his study, "on the level of Aspiration and achievement among the students studying in different media of education at secondary level in Hyderabad district (T.S.)" Coefficient of correlation (r) values were oriented as 0.75,0.61,0.62 and 0.65 in case of students of Urdu, Telugu, English medium and of all the three collective media respectively.

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- Dalal, Suman and Sarika (2022) in the study, "A study of Social-skills in relation to social adjustment of secondary school students," found a positive significant relationship between Social-skills and social adjustment of the boys as well as the girls' students.
- Alphonse, A, (2023) in the study of relationship between self- concept and level of aspiration of the students from general and coir-workers families in Alappuzha (Kerala) found a very weak correlation ship, not up to a significant level between self-concept and level of aspiration for both the group of students from general and coir worker families.
- Balhera, Anju and Rajkumari (2023) in their "Study of social-Skills in relation of personality development of secondary school students" observed a positive correlation ship between Social-Skills and personality development but no significant difference between the girls and boys on their Social-Skills.
- In the above studies, the level of Aspiration has been studied with academic- Achievement and self-concept and the social-skills have been studied with academic achievements, self-concept and personality development. But the social -skills have not been studied with level of aspiration in none of the studies available to present research-candidate that is why, the present study is being prosed in this concern.

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Origin of Research Problem

The researcher happens to find the opportunities of interaction with senior secondary class students and even with their teachers. Sometime, these students show a very positive and energetic mutual interaction. They express their expectation of great success in their examination and other competitions. But, on the other hand often, they talk about solving of the problems which are being faced by them. Sometime they show a very sympathetic attitude and liberal empathy in the favor of someone. Sometimes they show a very average or even low expectation in some of their academic or social event, on observing this kind of varied behavior in these students the present researcher decides to conduct a data- based research-study in this respect to get a clear picture on the intereffect of students Social-skills and level of Aspiration. Hence, the study is being proposed.

3.1 Statement of the Research-problem:

A Comparative study of the Social-Skills of the higher secondary students of Saraswati Vidya Mandir with respect to their Level of Aspirations.

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Operational definition of the terms used

Social Skills: Social skills are vital in enabling an individual to have and maintain a positive interaction with others in the societal set-up. Social skills are goal-directed behavior. The Social skills help one self in making friends, building confidence, learning empathy, conflict resolution, making and promoting effective communication and in promoting a conducive society. In this study one's scores obtained on the Social -skill assessment scale "will denote one's level of Social -skills.

Level of Aspirations: Level of Aspiration is and individuals' future expectation or ambition. It refers to the estimate of one's future hope in a given task. In this study one's score on "Miniature-situation test" will estimate one's level of Aspiration.

Higher Secondary Students: The Class-XII students studying in regular mode.

Saraswati Vidya Mandir: The senior secondary education level schools run by Vidyabharti Sansthan/ Samiti.

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Objectives of the Study

Objectives:

- 1) To study the Present status of Social-skills and level of Aspiration prevailing among the class-XII students.
- 2) To Compare the sampled students of Saraswati Vidya Mandir on their prevailing status of Social-skills and level of Aspiration in terms of gender.
- 3) To find out the extent and type of relationship in terms of r-values between the students on their Social-skills and level of Aspiration separately of students of Saraswati Vidya Mandir.

5.1 Hypothesis:

- 1) There is a moderate level of social skills and level of Aspiration among the students of Saraswati Vidya Mandir.
- 2) There is no significant difference on the status of social skill and on its components between the students of Saraswati Vidya Mandir with reference to gender.

- 3) There is no significant difference on the status of Level of Aspiration between the students of Saraswati Vidya Mandir with reference to gender.
- 4) There is no significant correlation-ship between the Social-skills and level of Aspiration in the students of Saraswati Vidya Mandir with reference to gender.

5.2 **Delimitation of the Research study:**

- 1) The regular students of class-XII in the session 2025-26 will only be included in the study.
- 2) These students will be studying in Saraswati Vidya Mandir's situated in the Dehradun Town and its nearby vicinity.

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Research Methodology

6.1 **Methodology:**

The present study will be carried out on the Higher Secondary Students (Class-XII) in order to investigate the prevailing status of Social-skills and level of Aspiration among this status, So the Normative Survey Research Method will be adopted under the Descriptive Research method.

6.2 **Variables:**

- Independent: Gender.
- Dependent: Social- skills and Level of Aspirations.
- Controlled: Class Level (XII) and locality (Urban/Rural).

6.3 **Data Collection Research Tools**

- 1) **Social-Skills-Assessment Scale:** It will include verbal/non-verbal conversation, Positive behaviour, Problem solving ability, making relationship, guidance and counselling aspects etc. In case of non-availability of a standardized-tool, the researcher will develop it at its own.
Social-Skill Assessment tool: Dr. Vishal Sood, Dr. Arti Anand, Suresh Kumar.

- 2) **Level of Aspiration test:** Dr Mahesh Bhargava and Late Prof. M.A. Shah. In case of non-suitability, the researcher will develop at its own with the consultation of his guide and supervisor.

- 6.4 **Population:** The overall students of class-XII studying regularly in the session 2025-26 in SVM's situated in the Dehradun town and in its vicinity will be constituted as the population of this research study.

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- 6.5 **Sampling and Sample:** The researcher will sort out 50% of the SVM's from the population and the students studying there-in will be selected as sample of the study. The propose strength of the sample is as under and which can be varied as per the availability of the subjects.

S.No	School	Students		Total
		BOYS	GIRLS	
1	SVM	250	150	400

6.6 Data collection procedure:

The researcher will visit the identified SVM and there in he will contact the principal and the class teacher of class-XII and will explain to them about the importance of the research study. He will make request to them for granting permission of data collection. Then the researcher will visit in the class room and will make interaction with students of Class-XII. After that the copies of tools will be distributed to students. The students will be requested to respond the tools in hand. In case of any difficulty is to be raised by the students, the researcher will try to resolve that. At the end, the responded data sheets will be collected back. These collected responded sheets will be subjected for systematization and arranging for tabularization and then to data analysis.

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Justification of the study

The students of the class XII are normally going to institutions of vocational education. They have to prepare themselves into a socially useful youth. In this respect they are to pay attention towards improvement and refinement in their social-skills. During these days, their level of aspiration also rose up as per their social and cultural background. The researcher hopes that the research-study will make aware these students towards their attributes. They will be more motivated in this concern in getting a recognized position in their peer group, in their family and in the society. It is also hoped that the teachers and principals of these institutions will also be attracted on this very matter. They may also become more activated in the infusion and caring of these two aspects, i.e. Social-skills and level of Aspiration into their students. It may contribute in the making of a movement among the various educational as well as vocational/professional institutions with respect to learning more Social-skills and upleveling the level of Aspiration into students being studying therein. The results of the study may appear fruitful to parents too as it may help in forming a very positive and enthusiastic family-environment. It also hoped that the study may be useful to sociologists, educationists and psychologists too.(10)

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