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### EFFECT OF PRE-COMPETITIVE ANXIETY ON THE PERFORMANCE OF INTER-COLLEGE BASKETBALL PLAYERS

**Dr. Dilbag Singh<sup>\*1</sup>, Dr. Baldev Singh<sup>2</sup>**

<sup>1</sup>Astt. Prof., Dept. of Phy.Education, K.U.K. (Haryana), India.

<sup>2</sup>V. Chairman (Nissing), Karnal (Haryana), India.

#### **ABSTRACT**

The purpose of the study to investigate the anxiety level of Basket ball player in Kurukshetra University Kurukshetra. The present study was conducted 44 male basket ball player who were participated inter college championship 2003-04 held it K.U.K. First four team select as a sample. For the collection of data, the investigator selected the state Trait Anxiety inventory by spielberger at all (in English) and adopted by S.Sharma and M.singh (1973). T-test was used to analyse the data. After Analyse the data the result showed that winning team out of the four team revealed the most stable anxiety level. High performing male basketball team having more stable pre-competitive anxiety in comparison to low performing male basket ball teams.