

## **International Journal of Arts & Education Research**

## WOMEN EMPOWERMENT: ITS NEED AND THE INDIAN FIVE YEAR PLANS

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## ABSTRACT

Empowerment is a complex issue with varying interpretation in different social, national and cultural contexts. Empowerment through education is ideally seen as a continuous holistic process with cognitive, psychological, economic and political dimensions in order to achieve emancipation. Women empowerment is a global issue and discussions on women's political right are at the fore front of many formal and informal campaigns worldwide. The concept of women empowerment was introduced at the international conference at Nairobi in 1985. Education is milestone of women empowerment because it enables them to response to the challenges, to confront their traditional roles and change their lives.